

Monday	Tuesday	Wednesday	Thursday	Friday
Homemade soup	Homemade Soup	Homemade soup	Homemade soup	Homemade soup
Homemade Chicken Tikka Masala	Homemade Quiche Lorraine	Roast Turkey Breast Or Cottage pie	Homemade Battered Chicken With Homemade Sweet & Sour Sauce	Battered Cod BBQ Chicken Wings Or Jumbo Fish Fingers
Stir Fried Vegetables Noodles	Baked Butternut Squash & Goats Cheese	Rise & Shine Muffin filled with cheese & mushrooms	Crispy Oriental Spring Rolls With Sweet & Sour Sauce	Vegetarian Sausages
Pasta Bar	Pasta Bar	Pasta Bar	Pasta Bar	Pasta Bar
Pilau Rice Naan Bread	Potato Wedges with Garlic & Thyme	Roasted Potatoes Gravy	Steamed Rice	Crispy Chips
Ginger Bok Choi Sweetcorn	Steamed Broccoli Baby Corn	Cauliflower Broccoli	Green Beans	Garden Peas Mushy Peas
Jacket Bar	Jacket Bar	Jacket Bar	Jacket Bar	Jacket Bar
		Homemade Vanilla Sponge With Chocolate Icing		Homemade Gingerbread "Bears"
Twice Baked Toffee Apple Crumble & Custard	Homemade Jam Tart & Custard		Chocolate Chip Bread & Butter Pudding & Custard	
Yoghurt Bar	Yoghurt Bar	Yoghurt Bar	Yoghurt Bar	Yoghurt Bar

Great tasting food to look forward to and really love.

Monday	Tuesday	Wednesday	Thursday	Friday
Homemade soup	Homemade soup	Homemade soup	Homemade soup	Homemade soup
Yorkshire Pudding Filled With Sausages & Red Onion Gravy	Crispy Chicken Fajitas With Salsa & Crème Fraiche	Roast Shoulder Of Pork Or Steak Pie	Chargrilled Chicken Breast With BBQ Sauce	Battered Cod or Jumbo Fish Fingers
Cheese & Potato Pasty	Mozzarella Cheese & Tomato Pizza	Peppers Stuffed With Cous-Cous	Cheese & Onion Quiche	Spicy Bean Burger
Pasta Bar	Pasta Bar	Pasta Bar	Pasta Bar	Pasta Bar
Creamed Potatoes Broccoli	Oven Baked Skin-on Potato wedges	Roast Potatoes Honey Roast Parsnips Gravy	New Potatoes	Crisp Chips
Garden Peas	Sweetcorn	Battered Carrots	Garden Peas	Garden Peas
Jacket Bar	Jacket Bar	Jacket Bar	Jacket Bar	Jacket Bar
Vanilla Rice Pudding With Strawberry jam	Steamed Chocolate Sponge With Chocolate sauce		Sticky Toffee pudding & Toffee Sauce	
		Vanilla Ice Cream		Homemade Flapjack
Yoghurt Bar	Yoghurt Bar	Yoghurt Bar	Yoghurt Bar	Yoghurt Bar

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Week 3

Monday	Tuesday	Wednesday	Thursday.	Friday
Homemade Soup	Homemade Soup	Homemade Soup	Homemade Soup	Homemade Soup
Homemade Chicken Korma	Homemade !00% Beef Burger In A Sesame Seed Toasted Bun	Pot Roasted Honey Glazed Ham	Homemade Beef Lasgane With Homemade Garlic & Oregano Foccacia	Battered Cod, BBQ Chicken Wings Cod Fish Cake Or Fish Fingers
BBQ Vegetable & Mixed Bean wrap	Spanish Style Frittata	Vegetable Wellington	Field Mushrooms With Welsh Rarebit Filling	Vegetarian Sausages
Pasta Bar	Pasta Bar	Pasta Bar	Pasta Bar	Pasta Bar
Boiled Rice Homemade Ratatouille	Sauté Potatoes	Roast Potatoes Gravy	New Potatoes	Crisp Chips
Garden Peas	Sweetcorn	Carrots Parsnips	Broccoli Green Beans	Garden Peas Baked Beans
Jacket Bar	Jacket Bar	Jacket Bar	Jacket Bar	Jacket Bar
Crunchy Apple Crumble & Custard	Homemade Banana Cake With Toffee Sauce	Homemade Chocolate Brownie With Whipping Cream	Homemade Lemon Drizzle cake with Fruits Of The Forest & Custard	
				Chocolate Chip Shortbread
Yoghurt Bar	Yoghurt Bar	Yoghurt Bar	Yoghurt Bar	Yoghurt Bar

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Pasta Bar

Mon	Tue	Wed	Thurs	Fri
Week 1				
Tomato & Basil Sauce	Beef Bolognaise	Macaroni Cheese	Tomato Sauce	Tomato & Veg Pasta Bake
Week2				
Beef Bolognaise	Tomato & Basil Sauce	Macaroni Cheese	Pork Meatballs	Bolognaise Pasta Bake
Week 3				
Beef Bolognaise	Chunky Vegetable & Tomato sauce	Macaroni Cheese	Pork Meatballs	Vegetable Pasta Bake

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